

### ***Congratulations on enhancing your appearance!***

Dysport will relax the facial muscles which contribute to wrinkles. To minimize the possible side effect of ptosis (drooping of the eyelids):

- No straining, heavy lifting, vigorous exercise for 6 hours following treatment. It takes Dysport approximately 2 hours to bind itself to the nerve to start working. We do not want to increase circulation to that area, which will wash away the Dysport from where it was injected.
- Facial exercises in the injected areas is recommended for 1-hour following treatment. This is to stimulate the binding of the Dysport only to the localized area.
- Avoid facials, peels, or micro-dermabrasions after treatment with Dysport for at least 10 days.
- Makeup may be applied before leaving the office.

***The effects of Dysport will gradually wear off. We recommend having your next treatment in 4-6 months. Many patients save time by scheduling their next dental cleaning along with their Dysport appointment.***

***This guide, along with others, can be found at [mmSmileCenter.com](http://mmSmileCenter.com) under the "Patient Resources" tab.***