

***Ultra EZ is to be used directly AFTER whitening treatment if sensitivity occurs.***

1. Load Ultra EZ into your custom whitening trays just like you would your whitening gel. Brush teeth, then insert tray.
2. Gently push gel towards the gumline. Wear trays 15-60 minutes.
3. Remove tray, remove excess gel with soft toothbrush. Rinse twice. Do not swallow rinses.
4. Clean tray with soft brush and cool water (NO TOOTHPASTE). Store extra UltraEZ at room temperature.
5. If you have specific teeth that are sensitive, apply gel only to those teeth in tray, and place a small bead of gel on last molars in tray (this will secure tray when placed in mouth).

***This guide, along with others, can be found at [mmSmileCenter.com](http://mmSmileCenter.com) under the "Patient Resources" tab.***